

University Lutheran Church

Evangelical Lutheran Church in America

August 25, 2019



Who We Are:

- We are a progressive congregation with a history of taking action on peace and justice concerns;
- We support people of all sexual orientations and gender identities;
- We are passionate about our worship, and we cherish our music;
- We are poised on a threshold ready and eager to creatively try new and innovative ways for mission and ministry in the University District.
- We do not know where this will lead us, but we trust with all our being that God is already there and is drawing us to join in the parade. We do so with excitement and joy because . .

We Choose Love! ✦

(Wording taken from ULC 2017 Ministry Site Profile)



WELCOME TO WORSHIP AT UNIVERSITY LUTHERAN CHURCH during this Pentecost season as we remain open and receptive to how the Holy Spirit is moving in our lives to guide us in the way of truth, to give us the courage to live according to God's will, and to grant us the peace of knowing that we always are in the loving presence of a good and gracious God.

WE WELCOME EVERYONE TO THE LORD'S TABLE to receive God's gift of forgiveness and the powerful freedom of a new life in Christ. Please come down the center aisle, proceed to the communion rail, and kneel or stand at the first open space. Hold out your hand to receive the bread. **Gluten-free wafers are available.** Please indicate your desire for a wafer at the time you are offered the bread. You may drink either from an individual glass, which will be served first, or from the chalice. The individual glasses in the center of the tray contain grape juice (golden color). The outside glasses contain red wine. An acolyte will pass by to pick up your individual glass. In the spirit of continuous communion, please return to your seat via the side aisles after you have drunk from the glass or chalice. After everyone has been served at the communion rail, the ministers will serve anyone in the pew that is unable to come forward. Please indicate your desire in this regard to the pastor. Parents who desire that their children not receive communion may bring them forward for a blessing.

PLEASE INDICATE YOUR ATTENDANCE at worship today and your participation at Holy Communion by completing the enclosed Worship Registration form and placing it in the offering plate. Please join us for fellowship and refreshments in the lounge after the service.

THERE ARE BABY CHANGING TABLES available in both the men's & women's restrooms (across from the church office). There is also one in the Narthex.

THERE IS A CHILDREN'S AREA in the back of the sanctuary with quiet activities for young children. An adult must also be present when a child is there.

CHILD CARE is available in the Nursery for children of any age. Ask the usher for directions.

OUR PRAYERS are with Susan Cook, Mary Denny, Jan Orlando, and John Wott

TEXTS FOR NEXT SUNDAY: *Isaiah 58:9-14; Psalm 103:1-8; Hebrews 12:18-29; Luke 13:10-17.*

Prelude

Improvisation on “Forest Green”

Tune #695

Welcome/Announcements

(Please rise in body or spirit)

Confession/Forgiveness

P: Blessed be the holy Trinity, one God, who forgives all our sin, whose mercy endures forever.

C: Amen.

P: Seeking reconciliation with God and neighbor, let us remember the gift of baptism and confess our sin.

(Silence is kept for reflection)

P: God of mercy,

C: we confess that we have sinned against you, against one another, and against the earth entrusted to our care. We are worried and distracted by many things, and we fail to love you above all else. We store up treasures for ourselves and turn away from our neighbors in need. Forgive us, that we may live in the freedom of your Son, Jesus Christ our Lord. Amen.

P: When we were laid low by sin and guilt, God made us alive together with Christ, forgiving us all our trespasses by taking our sins to the cross. For freedom Christ has set us free: Rejoice in this good news!

C: Amen.

Gathering Hymn

“O God of Every Nation”
(Face the cross as it is carried forward)

#713

Greeting

P: The grace of our risen Savior, the boundless love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

Praise Canticle



1 Glo-ry be to God in heav-en; peace, good-will to all the earth.
2 Glo-ry be to Christ for - ev - er, Lamb of God and Lord of love.
3 Ho - ly One we now ac-claim you; Lord a - lone, to you we call;



Might-y God of all cre - a - tion, Fa - ther of sur - pass - ing worth:
Son of God and gra - cious Sav - ior, you have come from heav'n a - bove;
Ho - ly One in faith we name you, God most high, yet near to all:



we ex - alt you, we a - dore you, we lift high our thanks and praise.
on the cross you died to save us; now you reign at God's right hand.
Je - sus Christ, with God the Spir - it, in the Fa - ther's splen - dor bright.



Saints and an - gels bow be - fore you; here on earth our songs we raise.
Hear our prayer; re - store, for - give us; in your prom - ise firm we stand.
For the peace that we in - her - it, glo - ry be to God on high!

Prayer of the Day

A: Let us pray together:

C: O God, mighty and immortal, you know that as fragile creatures surrounded by great dangers, we cannot by ourselves stand upright. Give us strength of mind and body, so that even when we suffer because of human sin, we may rise victorious through your Son, Jesus Christ, our Savior and Lord. Amen.

(Please be seated)

First Lesson

Isaiah 58:9-14

The Lord promises those who have returned from exile that where justice and mercy prevail, the ruins will be rebuilt and light will rise in the darkness. It is a day for new beginnings.

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.
God will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

If you refrain from trampling the sabbath,
from pursuing your own interests on my holy day;
if you call the sabbath a delight
and the holy day of God honorable;
if you honor it, not going your own ways,
serving your own interests, or pursuing your own affairs;
then you shall take delight in the LORD,
and I will make you ride upon the heights of the earth;
I will feed you with the heritage of your ancestor Jacob,
for the mouth of God has spoken.

L: The word of God.

C: Thanks be to God.

Psalm Reading (Lectern side – odd # verses; Organ Side even #)

Psalm 103:1-8

¹Bless the LORD, O my soul,
and all that is within me, bless God's holy name.

²**Bless the LORD, O my soul,
and forget not all God's benefits—**

³who forgives all your sins
and heals all your diseases;

⁴**who redeems your life from the grave
and crowns you with steadfast love and mercy; R**

⁵who satisfies your desires with good things
so that your youth is renewed like an eagle's.

⁶**O LORD, you provide vindication**

and justice for all who are oppressed.

⁷You made known your ways to Moses
and your works to the children of Israel.

⁸**LORD, you are full of compassion and mercy,
slow to anger and abounding in steadfast love.**

Second Lesson

Hebrews 12:18-29

Using images of Moses from the Old Testament, the writer presents a striking vision of the new covenant of God made possible in Christ. There is no longer fear; only awe in the new promise in Christ into which we are invited.

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, “If even an animal touches the mountain, it shall be stoned to death.”) Indeed, so terrifying was the sight that Moses said, “I tremble with fear.”) But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time God’s voice shook the earth; but now God has promised, “Yet once more I will shake not only the earth but also the heaven.” This phrase, “Yet once more,” indicates the removal of what is shaken—that is, created things—so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

L: The word of God.

C: Thanks be to God.

(Please rise in body or spirit)

Gospel Acclamation



Al - le-lu - ia! Lord and Sav - ior: o - pen now your sav - ing word.



Let it burn like fire with - in us; speak un - til our hearts are stirred.



Al - le - lu - ia! Lord, we sing for the good news that you bring.

Gospel

Luke 13:10-17

Jesus heals a woman on the sabbath, offering her a new beginning for her life. When challenged by a narrow reading of the sabbath command, Jesus responds by expanding “sabbath work” to include setting people free from bondage.

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, “Woman, you are set free from your ailment.” When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, “There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.” But Jesus answered him and said, “You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?” When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

P: The Gospel of the risen Christ.

C: Thanks be to God.

(Please be seated)

Sermon

“Remember the Sabbath Day, to Keep It Holy”

(Please rise in body or spirit)

Hymn of the Day

“You Are Mine”

#581

Prayers of the People

A: Lord, in your mercy

C: Hear our prayers.

Exchange of Peace

P: The peace of God be with you always.

C: And also with you.

(Please be seated)

Children’s Message

Offering/Musical Offering “Bach and Blessed Assurance”

Natalie Crouner, voice; Katie Saltanovitz, violin;

Janice Gockel, viola; Larry Gockel, cello

(Please rise in body or spirit)

Offertory Hymn

“As Saints of Old”

#695

Offertory Prayer

A: Blessed are you, O God, for the greening earth given for all, for the talents we are given to share, and for this bread and wine. Transform us to be the body of Christ, that feasting on this food and drink, our lives may reflect your generosity; through Christ our Lord.

C: Amen.

The Great Thanksgiving

P: The Lord be with you

C: And also with you

P: Lift up your hearts

C: We lift them to the Lord.

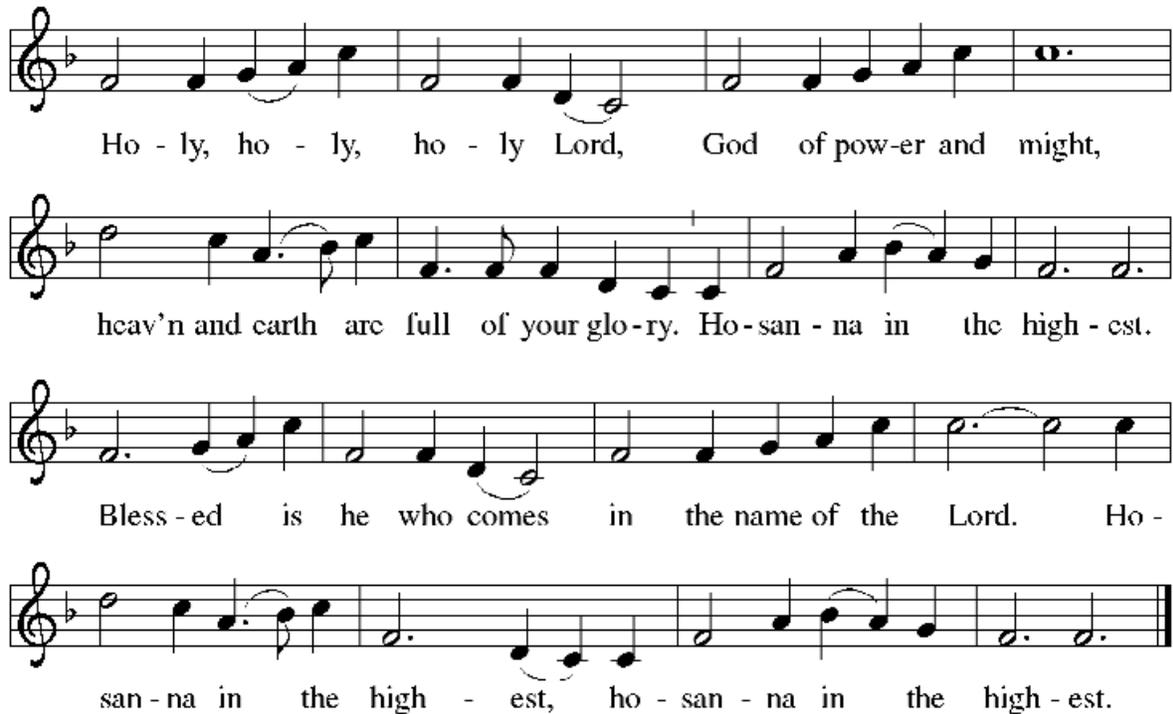
P: Let us give thanks to the Lord our God

C: It is right to give God thanks and praise.

P: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, O merciful God, through our Savior Jesus Christ. Fulfilling the promise of the resurrection, you pour out the fire of your Spirit, uniting in one body people of every nation and tongue. At this, the whole earth exults in boundless joy. And

so with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Holy, Holy, Holy



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
heav'n and earth are full of your glo-ry. Ho-san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho -
san - na in the high - est, ho - san - na in the high - est.

Eucharistic Prayer

P: O God most mighty, O God most merciful, O God our rock and our salvation, hear us as we praise, call us to your table, grant us your life.

When the earth was a formless void, you formed order and beauty. When Abraham and Sarah were barren, you sent them a child; When the Israelites were enslaved, you led them to freedom. Ruth faced starvation, David fought Goliath, and the psalmists cried out for healing, and full of compassion, you granted the people your life.

You entered our sorrows in Jesus our brother. He was born among the poor, he lived under oppression, he wept over the city. With infinite love, he granted the people your life.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering his death, we cry out Amen. **C: Amen.**
 Celebrating his resurrection, we shout Amen. **C: Amen.**
 Trusting his presence in every time and place, we plead Amen. **C: Amen.**

O God, you are Breath: send your Spirit on this meal.
 O God, you are Bread: feed us with yourself.
 O God, you are wine: warm our hearts and make us one.
 O God, you are Fire: transform us with hope.
 O God most majestic, O God most motherly,

O God our strength and our song, you show us a vision of a tree of life with fruits for all
 and leaves that heal the nations. Grant us such life, the life of the Father to the Son, the
 life of the Spirit of our risen Savior, life in you, now and forever.

C: Amen.

Lord's Prayer

**Our Father in heaven, hallowed be your name, your kingdom come, your will be
 done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as
 we forgive those who sin against us. Save us from the time of trial and deliver us
 from evil. For the kingdom, the power, and the glory are yours, now and forever.
 Amen.**

(Please be seated)

Communion Distribution

“Lamb of God”



1 O Lamb of God, you bear the sin of all the world a - way;
 2 O Lamb of God, you bear the sin of all the world a - way;
 3 O Lamb of God, you bear the sin of all the world a - way;



you suf-fered death our lives to save: have mer-cy now, we pray.
 you set us free from guilt and grave: have mer-cy now, we pray.
 e - ter-nal peace with God you made: give us your peace, we pray.

“Taste and See”
“Arise, Your Light Has Come!”

#493
#314

(Please rise in body or spirit)

Post Communion Blessing and Prayer

A: O God, in this holy communion you have welcomed us into your presence, nourished us with words of mercy, and fed us at your table. Amid the cares of this life, strengthen us to love you with all our heart, serve our neighbors with a willing spirit, and honor the earth you have made; through Christ our Liberator.

C: Amen.

P: Live your lives in Christ, rooted and built up in him, and abound in thanksgiving; and the blessing of the holy Trinity, one God, be upon you and remain with you forever.

C: Amen.

Sending Hymn

“Where Cross the Crowded Way of Life”

#719
(v. 1, 2, & 6)

Dismissal

A: Go in peace. Christ is sending you.

C: Thanks be to God!

(Please be seated)

Postlude

Improvisation on “Walton”

Tune #719

WORSHIP ASSISTANTS

Preacher	Pastor Sue Schneider
Assisting Minister	Sue Tong
Minister of Music	Brian Higham
Organist	Logan Hamilton
Acolytes	
Lectors	Joan & Merle Overland
Children's Message	Janice Gockel
Communion Assistants	Daniel Crowner Stacy Crowner Darleen Atik Maynard Atik
Greeters	Alice & Jack Peterson
Ushers	Phil Lundahl Sheryl Lundahl
Fellowship	Clint & Maggie Pehrson
Altar Guild	Frank & Sue Gregory Kathy Lachata-Oakley
Counters	Larry Gockel Katie Saltanovitz
Courtesy Driver	Scott Davies

PARISH ANNOUNCEMENTS

SUNDAY SCHEDULE

9:30 AM Worship in the sanctuary
10:30 AM Fellowship in the lounge
 NO Adult Forum Today

THE SPECIAL OFFERING FOR AUGUST IS SANCTUARY ART CENTER. Since 1999 SAC has provided a quiet space for homeless and street involved young people to engage in programs of painting, drawing, ceramics, stained glass, sewing, fabric arts, theater arts, improvisational acting, guitar, piano, drums, visual storytelling, and screen printing. Through these various forms of media, their goal is to engage youth in a creative process and connect their guests to the community in which they live. If you would like to contribute to SAC, you may do so by using a special offering envelope in the pew, making your check out to ULC, earmarking it for SAC, and putting your gift in the offering plate, or bringing it to the church office. Thank you for your generous offering.

WE WILL BE HAVING A VISIONING WORKSHOP on Saturday, September 14, 8:45 a.m. to 2:00 p.m. This workshop will be led by Rev. Rick Rouse & Beth Lewis as they help us envision what the next 5 years will look like. Who do we want to be? What do you want to do? Everyone is encouraged to attend to listen, discuss and discern our next steps. The next day, Sunday September 15, we will have a discussion about the ideas brought forth, at the Adult Forum. This is just the first step in a 9 month process that Rev. Rouse and Ms. Lewis will walk through with us. **If you plan to attend, please sign up on the Worship Registration form.**

THIS YEAR ULC WILL BE PARTICIPATING WITH THE REST OF THE ELCA IN “GOD’S WORK, OUR HANDS” with a day of service. On **Sunday, September 8**, we will be cooking a lunch at Compass Broadview (147 N 132nd St), a Compass House Alliance location. This is a new facility and we are asking members to help with kitchen items for their community kitchen (mixing bowls, measuring cups & spoons, pans, etc), and with cooking a taco bar lunch on that day. (The kitchen supplies will stock their community kitchen and help with the UW cooking class that they will be having throughout the year.) We will be serving the lunch at 12:30 and are invited to eat with residents. **If you are interested in purchasing an item from their “wish list,” please let Mari in the church office know and she will forward the list to you. If you would like to help cook, please sign up on the Worship Registration form.**

ELIZABETH GREGORY HOME (EGH) is hosting a special breakfast for several local faith communities who have been so important to the women served by EGH. As our founder and partner, we would like to invite all ULC members to join us in the Day Center on Saturday, **September 28, at 9:00 a.m.** to update you about our plans for 2020 and to thank you for your ongoing support. Please RSVP to Elizabeth Stevenson at (206) 729-0262 ext. 1006 or via email estevenson@eghseattle.org by September 20th if you plan to attend. Thank you!

ON SATURDAY, OCT. 5, ULC WILL HOST a District 4 City Council debate between Shaun Scott and Alex Pederson. This debate starts at 12:30 p.m. and is put on by the Seattle City Club. It will be moderated by a journalist from KCTS-9/Crosscut with additional questions by reporters with KING-5 and The Seattle Times. Doors open at 12:00 p.m. This is a free event but registration is strongly encouraged in order to reserve a seat. To register go to www.eventbrite.com/e/seattle-city-council-district-4-debate-tickets-67295682197. **Volunteers are needed to check people in. If you interested in volunteering, please sign up on the Worship Registration form or contact Mari in the church office.**

THE LUTHERAN COMMUNITY SERVICES NW LUNCHEON is coming up on Sunday, October 13. It will be held at the Lynnwood Convention Center. Social Hour is 12:30 – 1:30 p.m. with the lunch and program at 1:30 to 3:00 p.m. The lunch is free, and there will be a “ask” during the program. If you are interested in coordinating a table from ULC, please contact Mari in the church office.

ULC MEETINGS NEXT WEEK, August 26-30:

Monday, August 26 – 9:00 a.m., Monday Morning Maintenance Group, whole church

Friday, August 30 – 3:30 p.m., Quilters, Room 208

ATTENDANCE was 75 last Sunday.

NEXT SUNDAY'S WORSHIP LEADERS ARE: **Altar Guild** – Nona Taylor, Linda Maschhoff; **Acolytes** –; **Asst. Minister** – Maggie Pehrson; **Communion Assts.** – Liz Herlevi, Sue Tong, Darleen & Maynard Atik; **Children's Message** – Kathy Lachata-Oakley; **Lectors** – Dustin Wunderlich, Allene Steinberg; **Ushers** – Aslaug Haraldsdottir, Lisa Johnson, Sheryl Lundahl; **Greeters** – Janice & Larry Gockel; **Fellowship Hour:** Michael & Ruth Ann Rouse; **Counters** – Twig Mills, John Gienapp; **Courtesy Driver** – Vic Ensz.

Sunday Schedule

Worship with Holy Communion:

9:30 AM

Fellowship: 10:30 AM

Education Hour: 11:00 AM

Child Care: 9:00 AM to 12:00 PM

Outreach at ULC

Elizabeth Gregory Home – Sun - Fri
Sanctuary Art Center – 5 times weekly

Teen Feed – 3 times weekly

ULu Women's Shelter - Nightly

ULC Outreach in Seattle

Church Council of Greater Seattle

Compass Housing Alliance

Community Lunch at Central LC

Earth Ministry

Faith Action Network

Lutheran Campus Ministry - UW

Lutheran Community Services NW

Open Door Ministries

United Churches Emergency Fund

University District Foodbank

Young Adult Shelter (ROOTS)

WELCOME!

Welcome to University Lutheran Church! We welcome you into the life and ministry of this congregation, and pray that as you worship with us and become familiar with our people and our many activities, you will discover a place to belong and a way to participate in this corporate ministry of Jesus Christ.

ULC is a metropolitan congregation, committed to being a vital ministry in the University District and the world. We offer a variety of liturgies for worship in order to make a joyful noise unto God every Sunday.

As a **Reconciling in Christ Congregation**, we affirm the dignity and worth of people of all races, ethnic backgrounds, sexual orientations, gender identity, social status, age, physical capability and economic condition. As a **Greening Congregation**, we strive to be faithful stewards of God's creation. As an **Advocating Congregation** we make our voices known to our governing authorities on behalf of those who are crying out for justice and peace.

Please join us after service in the lounge for coffee, goodies and fellowship!



Scan this bar code to go to our web site. There you can learn more about ULC, as well as donate through the **Tithe.ly app**. Your information is not shared or saved through this app without your consent.

206-525-7074

Office Hours:

Monday thru Friday

9:00 AM to 5:00 PM

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www.UniversityLutheranSeattle.org

Facebook - University Lutheran Church - Seattle

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Bjorn Berkedal, Custodian