

University Lutheran Church

Evangelical Lutheran Church in America

July 21, 2019



Who We Are:

- We are a progressive congregation with a history of taking action on peace and justice concerns;
- We support people of all sexual orientations and gender identities;
- We are passionate about our worship, and we cherish our music;
- We are poised on a threshold ready and eager to creatively try new and innovative ways for mission and ministry in the University District.
- We do not know where this will lead us, but we trust with all our being that God is already there and is drawing us to join in the parade. We do so with excitement and joy because . .

We Choose Love! ✦

(Wording taken from ULC 2017 Ministry Site Profile)



WELCOME TO WORSHIP AT UNIVERSITY LUTHERAN CHURCH during this Pentecost season as we remain open and receptive to how the Holy Spirit is moving in our lives to guide us in the way of truth, to give us the courage to live according to God's will, and to grant us the peace of knowing that we always are in the loving presence of a good and gracious God.

TODAY WE COMMISSION delegates to Ailanga: **Ann & Jeff Berner, Andy Kopsler, Kristi Maschhoff, and Randy & Ron Gangnes** (Maple Leaf Lutheran). The delegation will be in Ailanga August 1-15. They will also be singing the Musical Offering today

WE WELCOME EVERYONE TO THE LORD'S TABLE to receive God's gift of forgiveness and the powerful freedom of a new life in Christ. Please come down the center aisle, proceed to the communion rail, and kneel or stand at the first open space. Hold out your hand to receive the bread. **Gluten-free wafers are available.** Please indicate your desire for a wafer at the time you are offered the bread. You may drink either from an individual glass, which will be served first, or from the chalice. The individual glasses in the center of the tray contain grape juice (golden color). The outside glasses contain red wine. An acolyte will pass by to pick up your individual glass. In the spirit of continuous communion, please return to your seat via the side aisles after you have drunk from the glass or chalice. After everyone has been served at the communion rail, the ministers will serve anyone in the pew that is unable to come forward. Please indicate your desire in this regard to the pastor. Parents who desire that their children not receive communion may bring them forward for a blessing.

PLEASE INDICATE YOUR ATTENDANCE at worship today and your participation at Holy Communion by completing the enclosed Worship Registration form and placing it in the offering plate. Please join us for fellowship and refreshments in the lounge after the service.

THERE ARE BABY CHANGING TABLES available in both the men's & women's restrooms (across from the church office). There is also one in the Narthex.

THERE IS A CHILDREN'S AREA in the back of the sanctuary with quiet activities for young children. An adult must also be present when a child is there.

CHILD CARE is available in the Nursery for children of any age. Ask the usher for directions.

OUR PRAYERS are with Mary Denny, Marilyn Morgan, Susan Boyd, Beth Aistrophe, Marilyn Morgan, Steven Auleta (awaiting a heart transplant), Pastor June Eastvold, Jeanne Rehwinkel, Tim Davies, Allene Steinberg, Zhaneta Proto.

TEXTS FOR NEXT SUNDAY: *Genesis 18:20-32; Psalm 138; Colossians 2:6-19; Luke 11:1-13.*

Prelude

Improvisation on “Kurotane”

Tune #419

Welcome/Announcements

(Please rise in body or spirit)

Confession/Forgiveness

P: Blessed be the holy Trinity, one God, who forgives all our sin, whose mercy endures forever.

C: Amen.

P: Seeking reconciliation with God and neighbor, let us remember the gift of baptism and confess our sin.

(Silence is kept for reflection)

P: God of mercy,

C: we confess that we have sinned against you, against one another, and against the earth entrusted to our care. We are worried and distracted by many things, and we fail to love you above all else. We store up treasures for ourselves and turn away from our neighbors in need. Forgive us, that we may live in the freedom of your Son, Jesus Christ our Lord. Amen.

P: When we were laid low by sin and guilt, God made us alive together with Christ, forgiving us all our trespasses by taking our sins to the cross. For freedom Christ has set us free: Rejoice in this good news!

C: Amen.

Gathering Hymn

“Dearest Jesus, at Your Word”
(Face the cross as it is carried forward)

#520

Greeting

P: The grace of our risen Savior, the boundless love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

Kyrie

Leaders sing the verses, Congregation sing the Refrain

The image shows two staves of musical notation for the Kyrie refrain. The first staff is labeled "Refrain" and "S 184". The music is in G major (one sharp) and 4/4 time. The lyrics are: "Ky-ri-e e-lei-son, on our world and on our way." The second staff continues the melody with the lyrics: "Ky-ri-e e-lei-son, ev-'ry day." The music consists of a simple, melodic line with a steady rhythm.

For peace in the world, for the health of the church, for the unity of all;
For this holy house, for all who worship and praise,
Let us pray to the Lord, let us pray to the Lord. *Refrain*

That we may live out your impassioned response to the hungry and the poor;
That we may live out truth and justice and grace,
Let us pray to the Lord, let us pray to the Lord. *Refrain*

For peace in our hearts, for peace in our homes, for friends and family;
For life and for love, for our work and our play,
Let us pray to the Lord, let us pray to the Lord. *Refrain*

For your Spirit to guide; that you center our lives in the water and the Word;
That you nourish our souls with your body and blood,
Let us pray to the Lord, let us pray to the Lord. *Refrain*

Prayer of the Day

A: Let us pray together:

C: Eternal God, you draw near to us in Christ, and you make yourself our guest. Amid the cares of our lives, make us attentive to your presence, that we may treasure your word above all else, through Jesus Christ, our Savior and Lord. Amen.

(Please be seated)

First Lesson

Genesis 18:1-10

The Lord visits Abraham and Sarah to tell them that the long—awaited promise of the birth of a child will be fulfilled for them in their old age.

God appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, “My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.” So they said, “Do as you have said.” And Abraham hastened into the tent to Sarah, and said, “Make ready quickly three measures of choice flour, knead it, and make cakes.” Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, “Where is your wife Sarah?” And he said, “There, in the tent.” Then one said, “I will surely return to you in due season, and your wife Sarah shall have a son.”

L: The word of God.

C: Thanks be to God.

Psalm Hymn

“Evening and Morning”

#761

Second Lesson

Colossians 1:15-28

Sometimes Paul preaches with great attention to theological concepts. Here, however, Paul offers a mystical teaching, that the great mystery of God is “Christ in you.” Because Christ is present in the church, Christians share in his life, suffering, and glory.

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what

is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to God's saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

L: The word of God.

C: **Thanks be to God.**

(Please rise in body or spirit)

Gospel Acclamation

S 188

Al - le - lu - ia. Lord, to whom shall we go? You have the
 words of e - ter - nal life. Al - le - lu - ia.
 Al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia.
 Al - le - lu - ia, al - le - lu - ia.

Gospel

Luke 10:38-42

Jesus uses his visit to two sisters as an occasion to remind disciples that an important aspect of obedience is singleminded devotion to Jesus and his word.

Now as [Jesus and his disciples] went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

P: The Gospel of the risen Christ.

C: Thanks be to God.

(Please be seated)

Sermon

“Only One Thing”

(Please rise in body or spirit)

Hymn of the Day

“For All the Faithful Women”

#419

(v. 1, 2, 7 & Last)

(Please be seated)

Prayers of the People

A: Hear us, O God.

C: Your mercy is great.

Exchange of Peace

P: The peace of God be with you always.

C: And also with you.

(Please be seated)

Children’s Message

Offering/Musical Offering

Ann & Jeff Berner, Randy & Ron Gangnes, Andy Kopser, Kristi Maschhoff

(Please rise in body or spirit)

Offertory Hymn

“For the Fruit of All Creation”

#679

Offertory Prayer

A: Blessed are you, O God, for the greening earth given for all, for the talents we are given to share, and for this bread and wine. Transform us to be the body of Christ, that feasting on this food and drink, our lives may reflect your generosity; through Christ our Lord.

C: Amen.

The Great Thanksgiving

P: The Lord be with you

C: And also with you

P: Lift up your hearts

C: We lift them to the Lord.

P: Let us give thanks to the Lord our God

C: It is right to give God thanks and praise.

P: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, O merciful God, though our Savior Jesus Christ. Fulfilling the promise of the resurrection, you pour out the fire of your Spirit, uniting in one body people of every nation and tongue. At this, the whole earth exults in boundless joy. And so with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Holy, Holy, Holy

S 190

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
 heav-en and earth are full of your glo - ry, full of your glo-ry. Ho-
 san - na, ho - san - na, ho - san - na in the high -
 est. Bless-ed is he who comes in the name of the Lord. Ho-
 san - na, ho - san - na, ho - san - na in the high - est.

Eucharistic Prayer

P: O God most mighty, O God most merciful, O God our rock and our salvation, hear us as we praise, call us to your table, grant us your life.

When the earth was a formless void, you formed order and beauty. When Abraham and Sarah were barren, you sent them a child; When the Israelites were enslaved, you led them to freedom. Ruth faced starvation, David fought Goliath, and the psalmists cried out for healing, and full of compassion, you granted the people your life.

You entered our sorrows in Jesus our brother. He was born among the poor, he lived under oppression, he wept over the city. With infinite love, he granted the people your life.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering his death, we cry out Amen. **C: Amen.**

Celebrating his resurrection, we shout Amen. **C: Amen.**

Trusting his presence in every time and place, we plead Amen. **C: Amen.**

O God, you are Breath: send your Spirit on this meal.

O God, you are Bread: feed us with yourself.

O God, you are wine: warm our hearts and make us one.

O God, you are Fire: transform us with hope.

O God most majestic, O God most motherly,

O God our strength and our song, you show us a vision of a tree of life with fruits for all and leaves that heal the nations. Grant us such life, the life of the Father to the Son, the life of the Spirit of our risen Savior, life in you, now and forever.

C: Amen.

Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

(Please be seated)

Communion Distribution

“Lamb of God”

S 191

Lamb of God, you take a-way the sin of the world; have
mer-cy on us. Lamb of God, you take a-way the sin of the
world; have mer-cy on us. Lamb of God, you take a-way the sin of the
world; grant us peace, grant us peace, Lamb of God.

“Give Me Jesus”

#770

“Oh, for a Thousand Tongues to Sing”

#886

(Please rise in body or spirit)

Post Communion Blessing and Prayer

A: O God, in this holy communion you have welcomed us into your presence, nourished us with words of mercy, and fed us at your table. Amid the cares of this life, strengthen us to love you with all our heart, serve our neighbors with a willing spirit, and honor the earth you have made; through Christ our Liberator.

C: Amen.

P: Live your lives in Christ, rooted and built up in him, and abound in thanksgiving; and the blessing of the holy Trinity, one God, be upon you and remain with you forever.

C: Amen.

Commissioning of Ailanga Delegation

Sending Hymn

“O Day of Peace”

#711

Dismissal

A: Go in peace. Christ is sending you.

C: **Thanks be to God!**

(Please be seated)

Postlude

Improvisation on “Azmon”

Tune #886

WORSHIP ASSISTANTS

Preacher	Pastor Sue Schneider
Assisting Minister	Maggie Pehrson
Minister of Music	Brian Higham
Organist	Logan Hamilton
Acolytes	
Lectors	Scott Davies Lynn Farrier
Children’s Message	Maggie Pehrson
Communion Assistants	Janice Gockel Larry Gockel Rick Reuter Sharon Reuter
Greeters	Phil & Sheryl Lundahl
Ushers	Linda Maschhoff Merle Overland
Fellowship	Theresa Lehan-Anderson Lynn Farrier
Altar Guild	Frank & Sue Gregory
Counters	Ruth Ann Rouse Jeff Berner
Courtesy Driver	Tom Swenson

PARISH ANNOUNCEMENTS

SUNDAY SCHEDULE

- 9:30 AM Worship in the sanctuary
- 10:30 AM Fellowship in the lounge
- 11:00 AM Adult Forum in the chapel

THE ADULT FORUM TODAY we will watch the second episode of “The Dark Ages: An Age of Light.” Art historian Waldemar Januszczak will take us on an artistic journey back to the Dark Ages. Everyone is invited to come and watch this video.

THE SPECIAL OFFERING FOR JULY IS UNIVERSITY DISTRICT FOOD BANK. Last year UDFB had over 55,000 customer visits and distributed 2.3 million pounds of food. Approximately 16% of their customers are infants and children, 56% are adults, and 28% are senior citizens. Fifteen percent of their customers are homeless and UDFB tries to provide them with ready-to-eat foods when they visit the food bank. If you would like to contribute to UDFB, you may do so by using a special offering envelope in the pew, making your check out to ULC, earmarking it for UDFB, and putting your gift in the offering plate, or bringing it to the church office. Thank you for your generous offering.

EVERYONE IS INVITED to attend the “Farewell Flamingos! My Return to Chickens” event for John Wott. It is Thursday, July 25, 4:30 to 7:00 p.m. at the Center for Urban Horticulture (3501 NE 41st St). Join friends and family at this open house to say farewell before John relocates to the Midwest. There will be festive food, libations, and of course, dessert. Brief remarks will be made at 5:30 p.m. Please RSVP to 206-351-8226 or email to John@Wott.us.

OUR CHURCH ADMINISTRATOR, MARI, will be on vacation July 22-26. The church will be open July 22-24. It will be closed on Thursday and Friday, July 25 & 26. Mari will be back in the office on Monday, July 29.

THERE WILL BE NO WORSHIP SERVICE IN THE CHURCH ON SUNDAY, AUGUST 4. WORSHIP AND THE ULC PICNIC WILL BE THAT DAY at Carkeek Park (Broadview neighborhood, north of Ballard/Crown Hill) **Shelter #2.** Maps are available today.

Coffee and fellowship starts at 9:30.

Worship is at 10:30 with lunch following. Bring your own lawn chairs or picnic blankets. Limited seating will be available at picnic tables.

Lunch will be an old fashioned potluck – bring your favorite picnic/potluck food. The Membership Committee will provide beverages. Bring your own cups, plates, and utensils (reusable items encouraged.) We will have extras on hand if you cannot bring them or forget.

The shelter is reserved until 2:00 p.m., so plan to stay after lunch for more socializing and games if you like. Bring your favorite lawn games or card games to share! Please let us know if you would like to assist in leading games.

Sign up on the worship registration form if you plan to attend so we can plan for beverages, and if you need a ride or can offer a ride. It’s going to be a great event, and a great opportunity to introduce a friend to ULC. Don’t miss it!

THE ULC NIGHT OUT is on **Tuesday, August 6, at 6:00 p.m.** We will have a picnic on the front lawn and the 314 Pies food truck will be here again this year with our main course. They will have savory pies such as lamb & potato, steak & mushroom, chicken pot pie, vegetable curry and more. We are asking people to bring side dishes or deserts. A suggested donation of \$5 is asked, but the cost will be covered for those unable to pay. **Please sign up on the Worship Registration form if you plan to attend.** We are inviting our neighbors from Arbora Court, EGH, Sanctuary Art Center, New Covenant Baptist Church, ULu Shelter, and University Temple Methodist. Come and join in the fellowship & fun!

WHAT DOES YOUR HOME LOOK LIKE? University Heights Center is hosting a U District Community Conversation about “understanding and responding to vehicle residency in our community” on Thursday, August 8, at 7:00 p.m. It will feature a panel of experts along with those who have experienced living in their vehicles. Moderated by Arthur Padilla, Interim Executive Director of ROOTS, this conversation is open to the public – all are welcome. A light fare will be served at the event and there is free parking (U Heights, 5031 University Way NE.) For more information email mason@uheightscenter.org or call 206-527-4278.

JUSTICE LEADERSHIP IS LOOKING for adults of any age to participate in their Justice Leadership Jubilee program. This is a program for people “who want to integrate faith and justice work into their lives in a meaningful and transformation way.” The total time commitment is mid-September to mid-June, about 15 hours/week. Jubilee Associates will work in one of the these non-profits: 350 Seattle, Seattle/King County Coalition on Homelessness, Earth Ministry, Faith Action Network, NW Immigrant Rights Project, or Real Change. Or you can suggest one! Visit www.justiceleadership.org for more information, or call Christine Hanson at 509-679-7430 or email justiceleadershipjubilee@gmail.com.

ULC MEETINGS NEXT WEEK, 22-26:

Thursday, July 24 – 1:00 p.m., Thursday Afternoon Maintenance Group, whole church
Friday, July 25 – 3:30 p.m., Quilters, Room 208

ATTENDANCE was 67 last Sunday.

NEXT SUNDAY’S WORSHIP LEADERS ARE: **Altar Guild** – Kathy Lachata-Oakley, Linda Maschhoff; **Acolytes** –; **Asst. Minister** – Clint Pehrson; **Children’s Message:** Maynard Atik; **Communion Assts.** – Merle Overland, Liz Herlevi, Darleen & Maynard Atik; **Lectors** – Sue Tong, Nona Taylor; **Ushers** – Rick & Sharon Reuter, Michael & Ruth Ann Rouse; **Greeters** – Alice & Jack Peterson; **Fellowship Hour** – Andy Kopser Kristi Maschhoff; **Counters** – Twig Mills & John Gienapp; **Courtesy Driver** – Scott Davies.

Sunday Schedule

Worship with Holy Communion:

9:30 AM

Fellowship: 10:30 AM

Education Hour: 11:00 AM

Child Care: 9:00 AM to 12:00 PM

Outreach at ULC

Elizabeth Gregory Home – Sun - Fri
Sanctuary Art Center – 5 times weekly

Teen Feed – 3 times weekly

ULu Women's Shelter - Nightly

ULC Outreach in Seattle

Church Council of Greater Seattle

Compass Housing Alliance

Community Lunch at Central LC

Earth Ministry

Faith Action Network

Lutheran Campus Ministry - UW

Lutheran Community Services NW

Open Door Ministries

United Churches Emergency Fund

University District Foodbank

Young Adult Shelter (ROOTS)

WELCOME!

Welcome to University Lutheran Church! We welcome you into the life and ministry of this congregation, and pray that as you worship with us and become familiar with our people and our many activities, you will discover a place to belong and a way to participate in this corporate ministry of Jesus Christ.

ULC is a metropolitan congregation, committed to being a vital ministry in the University District and the world. We offer a variety of liturgies for worship in order to make a joyful noise unto God every Sunday.

As a **Reconciling in Christ Congregation**, we affirm the dignity and worth of people of all races, ethnic backgrounds, sexual orientations, gender identity, social status, age, physical capability and economic condition. As a **Greening Congregation**, we strive to be faithful stewards of God's creation. As an **Advocating Congregation** we make our voices known to our governing authorities on behalf of those who are crying out for justice and peace.

Please join us after service in the lounge for coffee, goodies and fellowship!



Scan this bar code to go to our web site. There you can learn more about ULC, as well as donate through the **Tithe.ly app**. Your information is not shared or saved through this app without your consent.

206-525-7074

Office Hours:

Monday thru Friday

9:00 AM to 5:00 PM

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www.UniversityLutheranSeattle.org

Facebook - University Lutheran Church - Seattle

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